

COME EXPLORE THE POWER OF HYPNOSIS IN A  
GROUP SETTING.

NANCY KLASE. MASTER HYPNOTIST

**2 for 1  
specials  
(for the 1st  
10  
registered)**

## Lose Weight & Stop Smoking In a Affordable Group Setting

### **-4 WEEK WEIGHT RELEASE PROGRAM**

Just in time for that summer wardrobe.

You don't need another diet... you need to:

Eat less... Eat better foods.

Be more active... Feel better about yourself.

And that is what this program will do for you

### **-Two session smoking cessation in a group setting**

**THE COST OF CIGARETTES IS SKYROCKET-  
ING. DON'T PUT IT OFF. NOW IS THE TIME TO  
PUT IT OUT AND BECOME A NON-SMOKER  
NOW.**

*You can quit smoking forever in two easy sessions using  
the powerful tool of hypnosis and the power of your own  
mind.*

NANCY KLASE.  
MASTER HYPNOTIST  
910-232-2238

**Call and  
reserve your  
spot.. As  
space is  
limited.**

